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Kathleen Illes

*in memoriam

September 8, 2026

Dear Friend,

The urgent need for mental health intervention continues to grow. The suicide rate among Americans has increased significantly since 2000, reinforcing the importance of prevention, early intervention, education, and access to support. Our resolve and commitment to creating solutions through programming and outreach grow stronger each year. We are dedicated to doing everything in our power to make a difference in the lives of those who are struggling.

But we can't do it alone—we need your partnership. We all know someone who could benefit from increased support through mental health initiatives and a more accepting community.

This year, Rebecca's Dream proudly celebrates **21 years of impact**.

Rebecca's Dream, a 501(c)3 nonprofit deeply rooted in our community, is a leading advocate for eliminating mental health stigma and promoting prevention and early intervention. Through educational programs, service referrals, videos, podcasts, and our website, we raise awareness and connect people to the help they need. We also recognize mental health champions who advance our mission.

Our mission is to *"promote awareness and compassionate understanding of depression and bipolar disorder as real diseases."*

We hope you will consider supporting Rebecca's Dream. Your contribution directly supports these efforts and helps us continue to reach individuals, families, schools, and communities.

The enclosed form outlines donation and sponsorship opportunities, including corporate visibility. You can also contribute online at rebeccasdream.org.

Please feel free to contact me with any questions. Thank you for your consideration and, most importantly, for your commitment to building a community where conversations about mental health are met with understanding and compassion.

Best Regards,

Kathleen Illes

Kathleen Illes
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